

# YOU'RE CRAFTING YOUR OWN ROADMAP OF YOUR LIFE?

in doing so make healing-integration possible for us all → THANK YOU!

NO ONE CONTAINS ALL OF THESE 7 POWERS IN EQUAL MEASURE

→ an informative/affirmative list a roadmap to navigate what it means to be human

A HUMAN = A JOURNEY of self-discovery there is always more to EXPLORE EXPERIENCE DISCOVER

IGNORANCE serves as a veil of ILLUSION

(Good)

LESS GOOD

- we only can know what we're ready to know
- protection

- as a coping mechanism
- lose ourselves in it
- forget our higher calling our divine essence our sacred purpose

## CONSEQUENCES

### LONELINESS

- Isolation
- Existential Separation

### SEPARATIONS

- from others
- from our self
- through throwing us into acts/consumption/matter
- external distraction
- focus on instant gratification
- things that bring us further away from our inner balance inner TRUTH

### TRUTH VS FALSEHOOD

- our perception trumps EVERY OTHER VIEW
- kind an individual truth, ignore an ultimate/higher truth (eg kindness, responsibility self-love/love compassion)
- ignoring taking responsibility taking our power back
- limiting because we're caught in our own mind/thought/conditioning

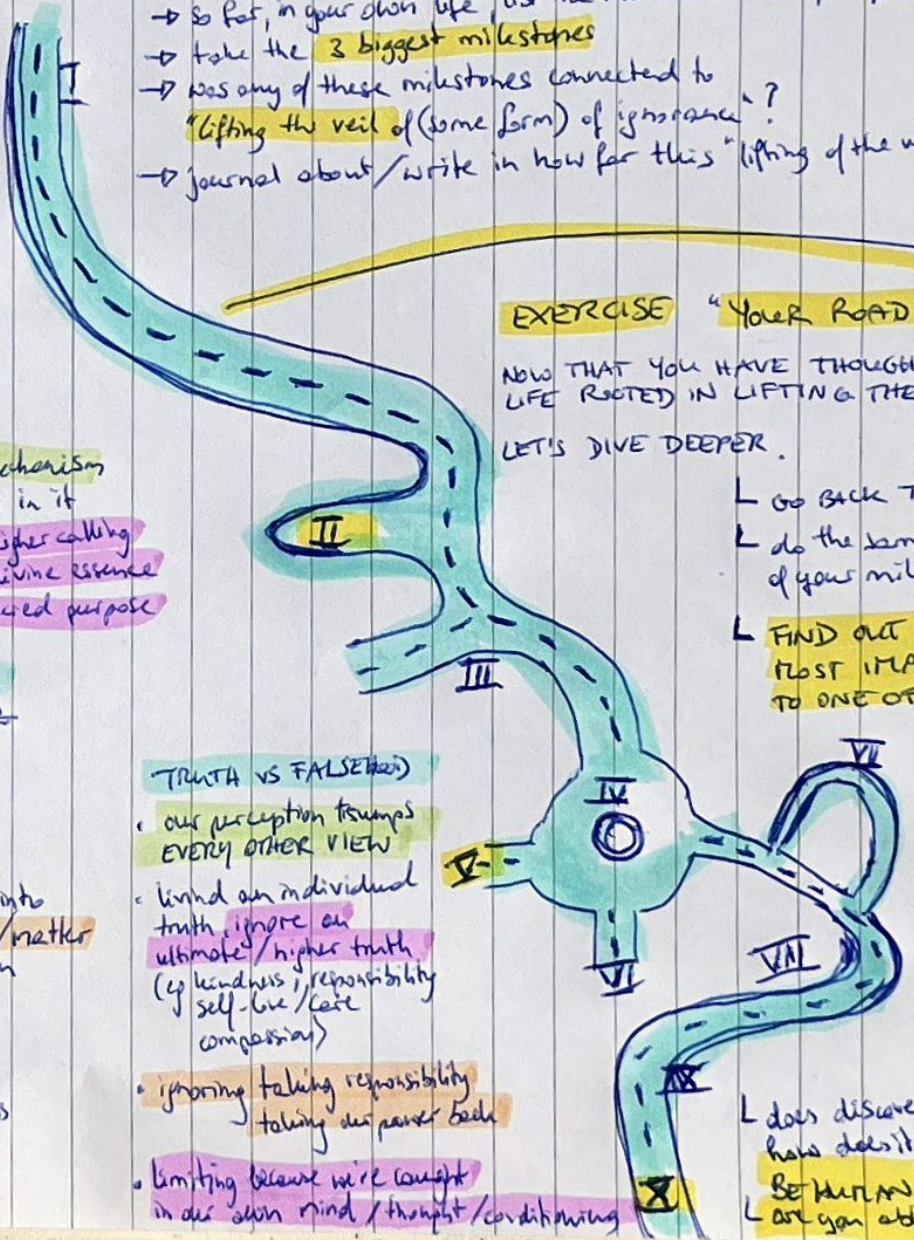
## Story XXVI / Ep. 27

### BEING HUMAN SERIES

#### III Ignorance

### EXERCISE "Your ROADMAP"

- So far, in your own life, list the moments that, to you, count as being life changing
- take the 3 biggest milestones
- Was any of these milestones connected to "lifting the veil of (some form) of ignorance"?
- journal about/write in how far this "lifting of the veil" influenced your life for the better? or the worse?



- Megan Watterson "Mary Magdalene Revealed"
- @Spiritual Divine YT "The Veil of Ignorance"

### EXERCISE "Your ROADMAP"

NOW THAT YOU HAVE THOUGHT ABOUT ONE MILESTONE IN YOUR LIFE ROOTED IN LIFTING THE VEIL OF IGNORANCE, LET'S DIVE DEEPER.

- ↳ Go back to your JOURNAL NOTES
  - ↳ do the same exercise again with another one of your milestones
  - ↳ FIND OUT IF ANY OF THE OTHER TWO OF YOUR MOST IMPACTFUL MILESTONES IS CONNECTED TO ONE OF THE 7 POWERS LISTED BELOW
- DARKNESS / DEPRESSION
  - DESIRE / CRAVING / ATTACHMENT
  - IGNORANCE / UNAWARENESS
  - ZEAL FOR DEATH / SELF DESTRUCTIVE BEHAVIOUR
  - REIGN OF THE FLESH / FORGETTING DIVINITY
  - FALSE WISDOM OF THE FLESH / Reticence of CHANGE
  - WISDOM OF THE VAINHEARTFUL PERSON / FALSE DIRECTED ANGER (WITNESS)

- ↳ does discovering these 7 powers empower you? how does it feel to uncover that it's okay to be HUMAN?
- ↳ are you able to forgive yourself? celebrate yourself?